Members Policy & Guidelines



Welcome to the Jam UAC community!

Our commitment to creating a positive, safe, and enjoyable environment for all Jammers and their families is our Top 1 Priority. Please familiarize yourself with the following guidelines to ensure a rewarding experience for everyone involved.



***** Class Participation:

- Attend classes regularly and be on time.
- Inform instructors in advance if unable to attend a scheduled class.
- Treat instructors, staff, and fellow participants with respect and courtesy.
- Foster a positive and inclusive atmosphere by encouraging and supporting your peers.



Safety and Equipment:

- Prioritize your safety and the safety of others during activities.
- Report any concerns about equipment or facility safety promptly to the instructor or front desk.
- Wear appropriate athletic attire and closed-toe shoes for your specific class.
- Label personal items to avoid confusion.



Communication:

- Communicate any health concerns, injuries, or special considerations to your instructor.
- Stay informed about class schedules, events, and any updates communicated through official channels.
- Provide constructive feedback to instructors and staff to help improve the overall experience.
- Report any incidents or issues promptly to the front desk or appropriate staff members.



Facility Etiquette:

- Keep the facility clean and tidy. Dispose of trash in designated bins.
- Observe classes from designated viewing areas to minimize disruptions.
- Refrain from entering training areas without instructor permission.